



**MAT**

Times	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00am - 8:50am	Mat (Beginners)	Mat (Intermediate)				Fit pilates
9:00am - 9:50am	Private	Private				Mat (Intermediate)
10:00am -10:50am	Private	Private				Mat (Beginners)
11:00am - 11:50am						
12:00pm - 12:50pm			Mat (Intermediate)			
1:00pm - 1:50pm			Private			
2:00pm - 2:50pm						
3:00pm - 3:50pm		Private				
4:00pm - 4:50pm	Mat Kids	Private	Mat kids	Mat kids		
5:00pm - 5:50pm	Private	Mat (Intermediate)	Mat (Beginners)	Mat (Beginners)		
6:00pm - 6:50pm	Mat (Beginners)	Mat (Beginners)	Mat (Intermediate)	Mat (Intermediate)		
7:00pm - 7:50pm	Mat (Intermediate)	Mat (Intermediate)	Private	Fit pilates		
8:00pm - 9:00pm			Mat (General)			

